

This page contains items about the effects of bullies and how to face them.

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## **Print Resources:**

### **Bateman, Teresa**

PZ7.B294435 Bul 2014 [Check availability](#)

*The Bully Blockers Club*

Gr. K-3

On the first day of school, Lotty Raccoon encounters Grant Grizzly, the class bully. Ignoring him does not work, nor do several other tactics she tries. Finally, she comes up with a solution: a Bully Blockers Club. This title is a AV2 fiction read-along.

- *Teacher Resource:*

<http://www.state.nj.us/education/holocaust/resources/ToleranceBookListPK8.pdf>

List of Teaching Tolerance books with discussion questions geared towards K-3 students.

### **Binkow, Howard and Cornelison, Susan F.**

PZ7.B511826 Hor 2008 [Check availability](#)

*Howard B. Wigglebottom Learns About Bullies*

Gr. PreS-3

In this book for children ages 4 and up, Howard was being bullied at school. Tips and Lessons are included.

- *Teacher Resource:* [https://wedolisten.org/PDF/learns\\_about\\_bullies\\_lesson.pdf](https://wedolisten.org/PDF/learns_about_bullies_lesson.pdf)
- *Teacher Resource:* <https://wedolisten.org>

Printable lessons for Howard B. Wigglebottom books.

### **Criswell, Patti Kelley**

BF637.B85 C75 2009 [Check availability](#)

*Stand Up for Yourself & Your Friends: Dealing with Bullies and Bossiness, and Finding a Better Way*

Gr. 3-5

*Stand Up for Yourself & Your Friends: Dealing with Bullies and Bossiness, and Finding a Better Way* is full of tips, from clever comebacks to the best way to ignore bullies.

### **Ford, Gabrielle and Thomson, Sarah**

BF637 .B85 F67 2014 [Check Availability](#)

*Gabe & Izzy: Standing Up for America's Bullied*

Gr. 4-6

Gabrielle Ford shares her personal experiences with bullying, as well as how she came to be a voice for those who have suffered abuse at the hands of their peers.

**Gray, Kes and Wildish, Lee**

PZ8.3.G7433 Le 2011 [Check availability](#)

*Leave Me Alone: A Tale of What Happens When You Stand up to a Bully*

Gr. PreS-3

Author Kes Gray's gently clever use of rhyming verse gives a difficult subject a wonderfully light touch. Large color illustrations on every page capture the spirit of a story that will have special meaning for many little boys and girls.

**Kolka, Kurt**

PN6727.K65 W73 2014 [Check availability](#)

*Bullying is No Laughing Matter* and *Wrath of the Warthog*

Gr. 5-8

An annotated anthology of comics about bullying, and a superhero story about bullying.

**Koyczan, Shane**

PR9199.4.K69 T6 2014 [Check availability](#)

*To this Day*

Gr. 5-12

Shane Koyczan's well-known anti-bullying poem, illustrated by thirty artists from around the world.

**Ludwig, Trudy**

PZ7.L98865 Jus 2006 [Check availability](#)

*Just Kidding*

Gr. K-3

*Just Kidding* is a story about a boy who learns how to deal with a bully in school. The book also includes questions at the end useful for discussion.

**Mayrock, Aija**

BF637.B85 M293 2015 [Check Availability](#)

*The Survival Guide to Bullying*

Written by a teenager who was bullied throughout middle school and high school, this kid-friendly book offers a fresh and relatable perspective on bullying.

- *Teacher Resource:*

<http://www.scholastic.com/teachers/lesson-plan/survival-guide-bullying-discussion-guide>

**McCain, Becky Ray**

PZ7.M122842 No 2001 [Check availability](#)

*Nobody Knew What To Do: A Story About Bullying*

Gr. PreS-3

This story tells how one child found the courage to tell a teacher about Ray, who was being picked on and bullied by other kids in school.

**Metcalf, Dawn, Hall, Kelly and Jones, Carrie**

BF637.B85 D43 2011 [Check Availability](#)

*Dear Bully: Seventy Authors Tell Their Stories*

Gr. 9-up

Compilation of seventy different children and teen authors' stories about how they were affected by bullying and how they came to terms with their experiences.

- *Teacher Resource:* <http://www.thepageturn.com/blog/wp-content/uploads/2012/12/DearBully-DG.pdf>

Collection of discussion questions designed to help students reflect on the material.

**Moss, Peggy**

PZ7.M85357 Say 2004 [Check availability](#)

*Say Something*

Gr. PreS-3

This story takes an interesting slant on an important topic. A young narrator describes different examples of bullying that she witnesses at school and on the bus, but remains silent. One day, when her friends are absent, she must sit alone in the cafeteria, and several students make jokes at her expense. She is then able to empathize with other victims. The next day, she approaches a quiet girl who is often teased and finds a new friend.

- *Teacher Resource:* [http://archive.adl.org/education/curriculum\\_connections/winter\\_2005/Say\\_Something.asp?cc\\_section=Say\\_Something](http://archive.adl.org/education/curriculum_connections/winter_2005/Say_Something.asp?cc_section=Say_Something)

**Nickle, John**

PZ7.N5584 An 1999 [Check Availability](#)

*The Ant Bully*

Gr. PreK-5

Lucas learns a lesson about bullying when he is pulled into the ant hole he has been tormenting.

- *Teacher Resource:* <https://www.scholastic.com/teachers/lesson-plans/teaching-content/ant-bully-storia-teaching-guide/>

**Rawl, Paige**

RJ387.A25 R38 2014 [Check availability](#)

*Positive*

A teenager's memoir of the experiences of bullying, being HIV positive and surviving the experiences to become a force for positive change in this world.

**Recorvits, Helen**

PZ7.R24435 Yja 2008 [Check availability](#)

*Yoon and the Jade Bracelet*

Gr. PreS-3

Instead of the jump rope Yoon wants, her mother gives her a book about a girl who outwits a tiger and a beautiful jade bracelet that was once her own. At school, an older girl asks lonely Yoon to let her borrow the bracelet. When the bully refuses to return it, Yoon, like the girl who outwitted the tiger, uses her quick thinking to recover her treasure.

- *Teacher Resource:* <http://web.uvic.ca/wits/pdfs/schools/books/yoon-and-the-jade-bracelet/yoon-and-the-jade-bracelet.pdf>

**Seeger, Laura Vaccaro**

PZ7.S4514 Bul 2013 [Check availability](#)

*Bully*

Gr. PreS-3

*Bully* is a picture book showing a Bull bullying the other barnyard animals until one stands up to him.

**Walker, Niki**

BF637.I48 W35 2013 [Check Availability](#)

*Why Do We Fight?: Conflict, War, and Peace*

Gr. 3-7

Explores how conflict develops and has the potential to evolve into war, using real world examples.

- *Teacher Resource:* [http://www.owlkidsbooks.com/Portals/0/docs/teachersGuides/11\\_Why\\_Do\\_We\\_Fight\\_Owlkids\\_Books\\_CCSS\\_Guide.pdf](http://www.owlkidsbooks.com/Portals/0/docs/teachersGuides/11_Why_Do_We_Fight_Owlkids_Books_CCSS_Guide.pdf)

This website provides activities, discussions and vocabulary for teachers to use in their classroom and the Common Core Standards that are met.

**Wilhelm, Doug**

PZ7.W648145 Re 2011 [Check availability](#)

*The Revealers*

Gr. 5-9

Tired of being bullied and picked on, three seventh-grade outcasts join forces and, using scientific methods and the power of a local area network (LAN), begin to create a new atmosphere at Parkland Middle School.

- *Teacher Resource:* <http://www.the-revealers.com/2013-07-23-08-57-00/the-revealers-in-your-school/projects-and-ideas>

**Wilhelm, Doug**

PZ7.W648145 T78 2011 [Check availability](#)

*True Shoes*

Gr. 5-8

The kids from *The revealers* are back, entering eighth grade at Parkland Middle school, where they have to

cope with the super-popular kids and the ugly truth about online bullying.

- *Teacher Resource:* <http://www.the-revealers.com/2013-07-23-08-51-50/teaching-tools>

## **Audiovisual Resources:**

### **Arthur Stands up to Bullying**

PN1992.77.A78 2013 [Check availability](#)

PBS Kids

TV-G

Gr. K-3

Four Great Arthur Adventures

*Run time: 56 minutes*

### **Bullied: A Student, a School, and a Case that Made History**

LB3013.32.B85 2010 [Check availability](#)

Teaching Tolerance

Not Rated

Gr. 6-up

Tells an inspiring story of a young gay man who took a stand against the bullying he experienced in school.

*Run time: 38 minutes*

- *Teacher Resource:* [http://www.tolerance.org/sites/default/files/kits/Bullied\\_booklet\\_FINAL\\_2.pdf](http://www.tolerance.org/sites/default/files/kits/Bullied_booklet_FINAL_2.pdf)

### **Bystander Intervention: Putting a Stop to Bullying**

HV6558.B97 2017 [Check Availability](#)

Human Relations Media

Not Rated

Gr. 7 & up

The video first defines bystander intervention then models how it works by showing dramatizations of bullying which stop at critical points and ask viewers: What would you do?

Run time: 21 minutes

### **Sexting in Suburbia**

HQ755.85.S49 2012

Lifetime

Not Rated

Gr. 9-12

When Dina commits suicide, her mom starts looking for an answer. A painful secret unravels.

### **With My Own Eyes: Holocaust. Genocide. Today**

D805.A2 W58 2011 [Check availability](#)

Washington State Holocaust Education Resource Center

Not Rated

Gr. 7-up

This video weaves the testimonies and artifacts of Holocaust survivors with contemporary issues of bullying, bystanders, and world genocides. It serves as an introduction to the Holocaust and connects this history to our world today.

*Run time: 20 min.*

- *Teacher Resource:* <https://www.holocaustcenterseattle.org/images/PDF/WMOEViewersGuide.pdf>

## **Websites and Articles:**

### [Authors Speak Out Against Bullying](#)

An excellent 2:18 minute video to use with students, five current authors for middle schoolers/teens speak out about their experiences with bullies. Posted October 2012.

### [A Call to Action: Bullying and Books](#)

October is National Bullying Awareness Month. This online link takes you to the October 22, 2012 Publisher's Weekly article about bullying which includes an extensive bibliography of books for children, teens and educators about bullying.

### [Caring Makes a Difference: A Curriculum guide for Grades K-4](#)

"Lessons on Friendship, Respect, and Tolerance" from the New Jersey Commission on Holocaust Education, 2004. The materials and lessons address the issue of bullies through the topics of racism, sexism, antisemitism and other religious prejudices, ethnocentrism, economic classism, ageism, prejudice against the differently abled, and prejudice based on a person's physical appearance.